



Winter
2024 Adult
Theatre
Intensive

**King's Birthday
Long Weekend
June 2024**

When

Sunday 9 & Monday 10 June 2024
(King's Birthday long weekend)

Where

Dragonfly Dance Studio
Ground floor
80 Anzac Highway, Everard Park



Program

During the two-day intensive, we'll be giving you the chance to deepen your understanding of rhythm, improve your technique, and learn choreography in a variety of different jazz and tap styles.

Daily overview

We'll be starting each day with a warmup, followed by practical dance sessions in the morning. In the middle of each day there will be a seminar with our intensive teachers as panelists so you can rest your body and deepen your knowledge and understanding of these dance forms.

Learn choreographed routines

During the day, you'll have the opportunity to dabble in the rich diversity of jazz and tap dance. We'll have several sessions in various sub-styles designed to introduce you to the fundamentals and teach you some choreography in a short routine, and highlight each style's distinctive flair.

Jazz

Theatre Jazz

Stage Ready: Ignite your performance flair with Theatre Jazz, perfecting the dynamic moves and dramatic expressions fit for the spotlight.

Fosse Jazz

Fosse Phenom: Embrace the iconic style of Fosse with its unique posture, isolated movements, and theatricality in every step.

Lyrical Jazz

Flow & Express: Dive into the emotive world of Lyrical Jazz, blending graceful movements with powerful storytelling.

Commercial Jazz

Spotlight Style: Dive into the high-energy world of Commercial Jazz, mastering the sharp, stylish moves seen in music videos and concerts.

Latin Jazz

Sizzling Moves: Heat up the dance floor with Latin Jazz, blending sultry Latin rhythms with the explosive techniques of jazz dance."

Tap

Broadway Tap

Showstopper Tap: Channel your inner Broadway star and master the vibrant, show-tuning rhythms of Broadway Tap.

Lyrical Tap

Rhythmic Poetry: Experience the fusion of melodic tap rhythms and lyrical expression, creating a dance narrative that speaks to the soul.

Rhythm Tap

Beat Mastery: Sharpen your syncopation skills and acoustic precision in Rhythm Tap, where every step creates the music.

Technique and conditioning

Jazz Dance Conditioning

This session focuses on enhancing your stability, mobility, strength, and flexibility, essential for mastering jazz dance movements and reducing injury risks.

Tap Dance Conditioning

Dive into a targeted conditioning routine designed to boost your stability, mobility, strength, and flexibility, tailored specifically to meet the physical demands of tap dancing.

Jazz Dance Technique

Sharpen your skills in footwork, turns, and jumps/leaps through a series of drills and exercises that emphasize precision, agility, and style, necessary for excelling in jazz dance.

Tap Dance Technique

Focus on refining the key elements of tap technique, including rhythm, timing, and foot articulation, through detailed exercises and feedback, helping you enhance clarity and performance quality.

Seminars and rhythm sessions

These seminars and sessions are crafted to not only teach but also immerse you in the rhythmic foundations that make jazz and tap dance so compelling and expressive.

Seminars

During our dance intensive, enrich your experience and deepen your understanding through engaging seminars featuring our expert panel of teachers.

History of jazz and tap seminar

Discover more about how jazz and tap have evolved to deepen your understanding of the cultural and historical context of these dynamic dance forms.

Understanding rhythm seminar

Explore the essentials of timing as it relates to dancers, starting from the basics of simple and common rhythms, understanding metre/time signatures, basics notes, and complex rhythmic concepts such as syncopation, cross phrasing, and polyrhythms

Practical sessions

Following our rhythm seminar, put your skills to the test in specialised, practical sessions. Apply your newfound rhythmic knowledge through hands-on exercises designed to refine your timing and rhythmic accuracy in dance.

Listening Session for Tap

Challenge your auditory skills in a unique setting where you'll learn tap steps through listening alone. This session emphasises the importance of sound, helping you identify subtle differences in tap rhythms and patterns without visual cues.

Working with Jazz Rhythms

Engage directly with common jazz rhythms, including syncopation, through practical application, enhancing both your performance and understanding of how jazz rhythms shape movement.

Extras

There will also be:

- plenty of breaks in between each session
- a wrap up session at the end of the last day to share what you've learnt, give feedback, and chat with other participants and teachers.

Times

- Registration from 9am both days
- Warmup at 9.15am both days
- First session starts at 10am
- Each day concludes at 5pm

More details on the schedule throughout the day will be provided soon.

Key dates

- 29 April - Program announced
- 6 May - Teachers, schedule, and pricing announced
- 13 May - Pricing announced and bookings open
- 27 May - Early bird price ends
- 9 and 10 June - Intensive held

About Dragonfly Dance

Welcome to Dragonfly Dance, the premier dance studio for adults in Adelaide.

Founded in 2004, we believe in lifelong dance, and offer dance classes and performance opportunities for adults of ALL ages.

Our philosophy

Dragonfly Dance is underpinned by the belief that dance is a fundamental part of being human, and that it doesn't matter what age you are, dance can enrich your life. We are dedicated to providing opportunities to dance for adults of all ages. We take you seriously, regardless of how many years you've lived and whatever your starting point is. We meet you where you are, and encourage you to spread your wings and fly.

www.dragonflydance.com.au

